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AHCBS CHILDREN

"Childhood constitutes the most important element in an adult's life, for it is in his early years that a man is made."

- Maria Montessori

Great things can happen when we're equipped with the knowledge of childhood importance and armed with a fierce loyalty toward family. One of those great things is Loyal Care. The name itself represents the devoted and dependable approach offer. Intended for ages 0 to 21, the Loyal Care program offers early childhood support, thereby reducing the need for more intensive help later in life.

Loyal Care provides the supports to enable our children to thrive in social settings and become integrated community members.

The criteria needed to qualify for this program are quite broad. The supports are offered in non-traditional settings and incorporates a variety of activities including play therapy, expressive arts, social skills, and more.

Truly transformational and highly impactful, Loyal Care is here to make a difference.





Announcement

We're pleased to report that Family Support Services
Dept has expanded to now include Miriam Leah
Mermelstein as Director of many aspects of the
department. Among her responsibilities is the
development and supervision of existing, upcoming
and new exciting programs and events. The FSS
department will now encompass the management and
facilitation of most of the existing and future
programs/events which will provide the opportunity to
support many more people enrolled with Yedei Chesed.
Miriam Leah will continue to oversee all the ladies'
day services.





Camp Mommy

Camp Mommy took place at the beautiful Green Hills Estates. Upon arrival to the gorgeous grounds, a delicious hot brunch was served. Activities of the day included virtual reality, pillow decorating, and Art centers. We had the opportunity to have Rabbi Rabinowitz come down and share inspiration and Chizuk followed by a Q&A session! Tuesday, the ladies woke up to a gorgeous day. Glauber's prepared an outdoor lavish breakfast followed by an amazing panel led by Mrs. Natana Grosberg which addressed the topic of Connecting with Our Kids. Our mommies enjoyed singing and dancing along with the silent DJ. After dinner, the ladies ended the day with a cup of delicious sangria, dessert and had Mrs. Esty Berkowitz from Paint Party walk us through a gorgeous canvas painting.

Pool Party

The women had a refreshing Rosh Chodesh Pool Party! A lavish buffet was served while they cooled off in the scorching summer heat!

The Chevra

The Chevra had a fantastic time on their trip to Arizona/Utah. Upon arrival the men visited the gorgeous Canyon Lake Hole in the Rock and ended off the day with a smashing BBQ. The jam-packed itinerary included Horseshoe Bend, Kanab (Utah), Canyon Overlook Trail, and Coral Pink Sand Dunes State Park. On their last day of the trip, they had so much fun jeeping in Sedona, visiting Lake Powell, Grand Canyon and ended off with a delicious dinner at Le Bella before heading home! To thank all the hard-working mommies at home, chocolates and a delicious Melt Drink were dropped off for all to enjoy!

SibShops

HERE'S THE SCOOP!

The SibShops ran a separate program for girls and boys where they had a blast making their own yummy ice cream from scratch! Grades 1st to 5th had the opportunity to have Rabbi Frank tell them a captivating story that had them all sitting at the edge of our seats. 6th grade and older, had the Zechus to have Rabbi Rabinowitz come down and share words of chizuk and inspiration.

The Boys' SibShops ran another event on July 4th where the boys had a grand time making their very own lava lamps, socializing with their friends and enjoying the evening out!

Appreciation Party

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In appreciation to all our dedicated staff we were treated to a delicious ice cream party!

Thank you all for a FANTASTIC job you do every day, we appreciate YOU!





★GROWTH SKILLS

We spent a few minutes with Mr. Asher Sarfati from Men's Day Services, and Mrs. Suri Speilman from Women's Day Services to get a feel of the programs they direct and what they would like to share with our readers.

Can you tell us a little bit about all the different programs you have and the difference between all of them?

Mrs. Speilman: The three programs we currently run are...

- 1) **Beyond Borders:** This program focuses on fostering individual independence and productivity. We offer job coaching, academic program, recreational activities, daily functioning classes and practical skills.
- 2) **Peninim:** Our Peninim program caters toward girls who need more support. We focus on building and expanding skills, which include Personal Care, Socialization, Safety/ Communication Skills, Self-Direction, and Behavior.
- 3) **Partners in Progress:** This program is highly individualized and geared towards mature women. It provides the opportunity to learn sophisticated skills that will enhance abilities in several areas. Some of the skills include, organizational skills, job skill and practical daily living skills.

Mr. Sarfati: We have Business and Parnassa
Essentials/Business and Parnassa Advanced Skills,
where we teach both basic and advanced computer
skills and job readiness. Another program available is
Vocational Training, where a variety of training
options are offered, including, but not limited to,
woodworking, construction, cashiering, and farm work.
We also have a Night Kollel four times a week, daily
customized Chumash, Mishnayos, and Gemara
Shiurim, along with music lessons, art classes, and
kumzitzes, which provide the men with spiritual
enrichment. An onsite gym is available too, as well as
fitness/diet consultations, swimming/lifeguarding
lessons, and weekly karate, krav-maga, and strength
fitness.

What would a typical day in DayHab and PreVoc look like?

Mrs. Speilman: DayHab: We make our very own

breakfast, daven, and then go out to jobs in the community. We have a daily class, i.e. Social Skills, Applying Make Up, Laundry Skills, and so much more! The girls plan a weekly healthy menu, go shopping for the food, while learning to budget money. We cook our own nutritious lunch and either go to the gym, work on different classes such as computers, or have music lessons. The girls take pride in their own scrapbook that they create every week with pictures they develop. *PreVoc:* The job coach picks up the lady she is working with, goes with them to their job, and offers support or assistance when needed.

Mr. Sarfati: We don't necessarily have "a typical day" for *DayHab*. Our days are catered and geared toward each person's needs. A day at *PreVoc*, starts off with picking up the person from their residence or house and dropping them off at their job.

Is there an achievement that you are most proud of?

Mrs. Speilman: We had an overnight trip and went to Hershy Park where the ladies chose their own menu and schedule. It was rewarding to see how they have become independent.

Mr. Sarfati: We have a person who was completely non-verbal about nine months ago and can now socialize, communicate, and crack jokes. His social skills have exploded!

What do you think other people should know about your programs?

Mrs. Speilman: In addition to having a fun structured program to occupy the ladies, we have them work on actual life skills to help them advance in life.

Is there anything else you would like to share with our readers?

Mrs. Speilman: We are all different and unique in our own ways, and we all have different qualities that make us shine.

